



# ABOUT MYST

## Who is MYST?

MYST is a youth service based in the Blue Mountains with two centres, one in Katoomba and one in Springwood.

We are a specialist team of Youth Workers, Counsellors and Case Managers who work with young people living in the Blue Mountains needing support.

**Our Vision** is a Blue Mountains community where every young person thrives.

**Our Purpose** is to enhance the wellbeing of young people in the Blue Mountains age 12-24 through providing individual and group support, enabling them to build personal, social and educational resilience.

**The Way** we achieve this includes case management, individual and family counselling, outreach, youth support, financial counselling, personal development programs such as Outdoor Explore, as well as school-based programs.

**Our Impact** means that no young person in the Blue Mountains will ever feel alone; there is someone on their side. We ensure young people feel empowered to grow emotionally, physically and intellectually so they build resilience and self-belief to lead happy, healthy lives.

### Mountains Youth Services Team Inc.

ABN: 19 942 569 473

Endorsed as a Deductible Gift Recipient (DGR)

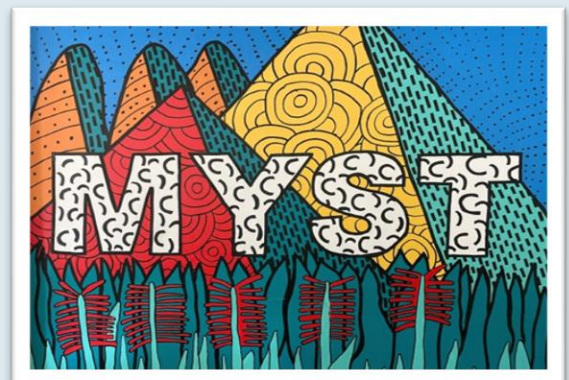
Endorsed as a Public Benevolent Institution (PBI)

Registered as a charity with the

Australian Charities and Not-for-profits Commission (ACNC)

NSW Incorporation No. Y1475811

Charity Licence No. CFN/20768



For more information: Find us at [www.myst.com.au](http://www.myst.com.au), on Facebook and Instagram, or call 1300 00 MYST (6978).